Half Title

Rahman/Food Properties Handbook 005X_C000 Revise Proof page ii 6.9.2008 9:13pm Compositor Name: BMani

Title

Disclaimer

Contents

Prefaceix
Acknowledgmentsx
Editorxii
Contributorsxv
Chapter 1
Food Properties: An Overview
Mohammad Shafiur Rahman
Chapter 2
Water Activity Measurement Methods of Foods
Mohammad Shafiur Rahman and Shyam S. Sablani
,
Chapter 3
Data and Models of Water Activity. I: Solutions and Liquid Foods
•
Piotr P. Lewicki
Chapter 4
Data and Models of Water Activity. II: Solid Foods
Piotr P. Lewicki
Chapter 5
Freezing Point: Measurement, Data, and Prediction
Mohammad Shafiur Rahman, M. Machado-Velasco, M.E. Sosa-Morales,
and Jorge F. Velez-Ruiz
Chapter 6
Prediction of Ice Content in Frozen Foods
Mohammad Shafiur Rahman
Chapter 7
Glass Transitions in Foodstuffs and Biomaterials: Theory and Measurements
·
Stefan Kasapis
Chapter 8 Glass Transition Data and Models of Foods
Grass Transition Data and Models of Foods
Mohammad Shafiur Rahman

νi

Chapter 9 Gelatinization of Starch	287
Shyam S. Sablani	
Chapter 10 Crystallization: Measurements, Data, and Prediction	323
Kirsi Jouppila and Yrjö H. Roos	
Chapter 11 Sticky and Collapse Temperature: Measurements, Data, and Predictions	347
Benu P. Adhikari and Bhesh R. Bhandari	
Chapter 12 State Diagrams of Foods	381
Didem Z. Icoz and Jozef L. Kokini	
Chapter 13 Measurement of Density, Shrinkage, and Porosity	397
Panagiotis A. Michailidis, Magdalini K. Krokida, G.I. Bisharat, Dimitris Marinos-Kouris, and Mohammad Shafiur Rahman	
Chapter 14 Data and Models of Density, Shrinkage, and Porosity	417
Panagiotis A. Michailidis, Magdalini K. Krokida, and Mohammad Shafiur Rahman	
Chapter 15 Shape, Volume, and Surface Area	501
Mohammad Shafiur Rahman	
Chapter 16 Specific Heat and Enthalpy of Foods	517
R. Paul Singh, Ferruh Erdoğdu, and Mohammad Shafiur Rahman	
Chapter 17 Thermal Conductivity Measurement of Foods	545
Jasim Ahmed and Mohammad Shafiur Rahman	
Chapter 18 Thermal Conductivity Data of Foods	581
Jasim Ahmed and Mohammad Shafiur Rahman	

Rahman/Food Properties Handbook 005X_C000 Revise Proof page viii 6.9.2008 9:13pm Compositor Name: BMani

Preface

A food property is a particular measure of the food's behavior as a matter or its behavior with respect to energy, or its interaction with the human senses, or its efficacy in promoting human health and well-being. An understanding of food properties is essential for scientists and engineers who have to solve the problems in food preservation, processing, storage, marketing, consumption, and even after consumption. Current methods of food processing and preservation require accurate data on food properties; simple, accurate, and low-cost measurement techniques; prediction models based on fundamentals; and links between different properties. The first edition was well received, secured bestseller from the publisher, and received an award. Appreciation from scientists, academics, and industry professionals around the globe encouraged me to produce an updated version. This edition has been expanded with the addition of some new chapters and by updating the contents of the first edition. The seven chapters in the first edition have now been expanded to 24 chapters.

In this edition, the definition of the terminology and measurement techniques are clearly presented. The theory behind the measurement techniques is described with the applications and limitations of the methods. Also, the sources of errors in measurement techniques are compiled. A compilation of the experimental data from the literature is presented in graphical or tabular form, which would be very useful for food engineers and scientists. Models can reduce the number of experiments, thereby reducing time and expenses of measurements. The empirical and theoretical prediction models are compiled for different foods with processing conditions. The applications of the properties are also described, mentioning where and how to use the data and models in food processing.

Chapter 1 provides an overview of food properties including its definition, classification, and predictions. Chapters 2 through 4 present water activity and sorption isotherm including its terminology, measurement techniques, data for different foods, and its prediction models. Chapters 5 through 12 present thermodynamic and structural characteristics including freezing point, glass transition, gelatinization, crystallization, collapse, stickiness, ice content, and state diagram. Chapters 13 through 15 discuss the density, porosity, shrinkage, size, and shape of foods. Chapters 15 through 23 present the thermophysical properties including specific heat, enthalpy, thermal conductivity, thermal diffusivity, and heat transfer coefficient. Chapter 24 provides the acoustic properties of foods.

This second edition will be an invaluable resource for practicing and research food technologists, engineers, and scientists, and a valuable text for upper-level undergraduate and graduate students in food, agriculture/biological science, and engineering. Writing such a book is a challenge, and any comments to assist in future compilations will be appreciated. Any errors that remain are entirely mine. I am confident that this edition will prove to be interesting, informative, and enlightening.

Mohammad Shafiur Rahman Sultan Qaboos University Muscat, Sultanate of Oman Rahman/Food Properties Handbook 005X_C000 Revise Proof page x 6.9.2008 9:13pm Compositor Name: BMani

Acknowledgments

I would like to thank Almighty Allah for giving me life and blessing to gain knowledge to update this book. I wish to express my sincere gratitude to the Sultan Qaboos University (SQU) for giving me the opportunity and facilities to initiate such an exciting project to develop the second edition, and supporting me toward my research and other intellectual activities. I would also like to thank all my earlier employers, Bangladesh University of Engineering and Technology (BUET), University of New South Wales (UNSW), and HortResearch, from whom I built my knowledge and expertise through their encouragement, support, and resources. I wish to express my appreciation to the UNSW, SQU, and HortResearch library staffs, who assisted me patiently with online literature searches and interlibrary loans.

I sincerely acknowledge the sacrifices made by my parents, Asadullah Mondal and Saleha Khatun, during my early education. Appreciation is due to all my teachers, especially Professors Nooruddin Ahmed, Iqbal Mahmud, Khaliqur Rahman, Jasim Zaman, Ken Buckle, Drs. Prakash Lal Potluri and Robert Driscoll, and Habibur Rahman, for their encouragement and help in all aspects of pursuing higher education and research. I would like to express my appreciation to Professor Anton McLachlan, Drs. Saud Al-Jufaily, Yasen Al-Mula, Nadya A-Saadi, and S. Prathapar for their support toward my teaching, research, and extension activities at the SQU. Special thanks to my colleagues Dr. Conrad Perera, Professor Dong Chen, Drs. Nejib Guizani, Ahmed Al-Alawi, Shyam Sablani, Bhesh Bhandar, and Mushtaque Ahmed, and my other research team members, especially Mohd Hamad Al-Ruzeiki, Rashid Hamed Al-Belushi, Salha Al-Maskari, Mohd Khalfan Al-Khusaibi, Nasser Abdulla Al-Habsi, Insaaf Mohd Al-Marhubi, Intisar Mohd Al-Zakwani, and Zahra Sulaiman Al-Kharousi. I owe many thanks to my graduate students for their hard work in their projects related to food properties and building my knowledge base. Special thanks for the contributing authors; it was a great pleasure working with them. I would also like to appreciate the enthusiasm, patience, and support provided by the publisher.

I wish to thank my relatives and friends, especially Professor Md. Mohar Ali and Dr. Md. Moazzem Hossain, Dr. Iqbal Mujtaba, and Arshadul Haque for their continued inspiration. I am grateful to my wife, Sabina Akhter (Shilpi), for her patience and support during this work, and to my daughter, Rubaba Rahman (Deya), and my son, Salman Rahman (Radhin), for allowing me to work at home. It would have been very hard for me to write this book without my family's cooperation and support.

Rahman/Food Properties Handbook 005X_C000 Revise Proof page xii 6.9.2008 9:13pm Compositor Name: BMani

Editor

Mohammad Shafiur Rahman is an associate professor at the Sultan Qaboos University, Sultanate of Oman. He has authored or coauthored more than 200 technical articles including 81 refereed journal papers, 71 conference papers, 40 book chapters, 33 reports, 8 popular articles, and 4 books. He is the editor of the internationally acclaimed *Handbook of Food Preservation* published by CRC Press, Boca Raton, Florida. The first edition was one of the bestsellers from CRC Press in 2003, and the second edition is now released. He was invited to serve as one of the associate editors for the *Handbook of Food Science, Engineering and Technology*, and one of the editors for the *Handbook of Food and Bioprocess Modeling Techniques* published by CRC Press, Boca Raton, Florida. Dr. Rahman has initiated the *International Journal of Food Properties* (Marcel Dekker, Inc.) and has served as the founding editor for more than 10 years. He is a member in the Food Engineering Series editorial board of Springer Science, New York. Presently, he is serving as a section editor for the Sultan Qaboos University journal *Agricultural Sciences*. In 1998, he was invited to serve as a food science adviser for the International Foundation for Science (IFS) in Sweden.

Dr. Rahman is a professional member of the New Zealand Institute of Food Science and Technology and the Institute of Food Technologists; a member of the American Society of Agricultural Engineers and the American Institute of Chemical Engineers; and a member of the executive committee for International Society of Food Engineering (ISFE). He received his BSc Eng (chemical) (1983) and MSc Eng (chemical) (1984) from Bangladesh University of Engineering and Technology, Dhaka; his MSc (1985) in food engineering from Leeds University, England; and his PhD (1992) in food engineering from the University of New South Wales, Sydney, Australia. Dr. Rahman has received numerous awards and fellowships in recognition of research/teaching achievements, including the HortResearch Chairman's Award, the Bilateral Research Activities Program (BRAP) Award, CAMS Outstanding Researcher Award 2003, SQU Distinction in Research Award 2008, and the British Council Fellowship. He has ranked four as a leading scientists and engineers of 57 OIC member states in Agrosciences discipline.

Rahman/Food Properties Handbook 005X_C000 Revise Proof page xiv 6.9.2008 9:13pm Compositor Name: BMani

Contributors

Benu P. Adhikari

School of Science and Engineering The University of Ballarat Mount Helen, Victoria, Australia

Jasim Ahmed

Polymer Source, Inc. Dorval, Quebec, Canada

Ghalib Said Al-Saidi

Department of Food Science and Nutrition Sultan Qaboos University Muscat, Sultanate of Oman

Bhesh R. Bhandari

School of Land, Crop and Food Sciences The University of Queensland Brisbane, Queensland, Australia

G. I. Bisharat

Laboratory of Process Analysis and Design Department of Chemical Engineering National Technical University of Athens Athens, Greece

Adriana Delgado

Biosystems Engineering School of Agriculture, Food Science and Veterinary Medicine University College Dublin National University of Ireland Dublin, Ireland

Ferruh Erdoğdu

Department of Food Engineering University of Mersin Mersin, Turkey

Didem Z. Icoz

Department of Food Science Rutgers, The State University of New Jersey New Brunswick, New Jersey

Kirsi Jouppila

Department of Food Technology University of Helsinki Helsinki, Finland

Stefan Kasapis

Food Science and Technology Programme Department of Chemistry National University of Singapore Singapore

Jozef L. Kokini

Department of Food Science Rutgers, The State University of New Jersey New Brunswick, New Jersey

Magdalini K. Krokida

Laboratory of Process Analysis and Design Department of Chemical Engineering National Technical University of Athens Athens, Greece

Piotr P. Lewicki

Department of Food Engineering and Process Management Warsaw University of Life Sciences Warszawa, Poland

M. Machado-Velasco

Chemical and Food Engineering Department Universidad de las Americas-Puebla Cholula, Puebla, Mexico

Dimitris Marinos-Kouris

Laboratory of Process Analysis and Design Department of Chemical Engineering National Technical University of Athens Athens, Greece

Agata Marzec

Department of Food Engineering and Process Management Warsaw University of Life Sciences Warszawa, Poland

Panagiotis A. Michailidis

Laboratory of Process Analysis and Design Department of Chemical Engineering National Technical University of Athens Athens, Greece xvi

Mohammad Shafiur Rahman

Department of Food Science and Nutrition Sultan Qaboos University Muscat, Sultanate of Oman

Zbigniew Ranachowski

Institute of Fundamental Technological Research Polish Academy of Sciences Warsaw, Poland

Yrjö H. Roos

Department of Food Science and Technology University College Cork Cork, Ireland

Shyam S. Sablani

Department of Biological Systems Engineering Washington State University Pullman, Washington

R. Paul Singh

Department of Biological and Agricultural Engineering University of California-Davis Davis, California

M.E. Sosa-Morales

Chemical and Food Engineering Department Universidad de las Americas-Puebla Cholula, Puebla, Mexico

Da-Wen Sun

Biosystems Engineering
School of Agriculture, Food Science and
Veterinary Medicine
University College Dublin
National University of Ireland
Dublin, Ireland

Jorge F. Velez-Ruiz

Chemical and Food Engineering
Department
Universidad de las Americas-Puebla
Cholula, Puebla, Mexico

Liyun Zheng

Biosystems Engineering
School of Agriculture, Food Science and
Veterinary Medicine
University College Dublin
National University of Ireland
Dublin, Ireland